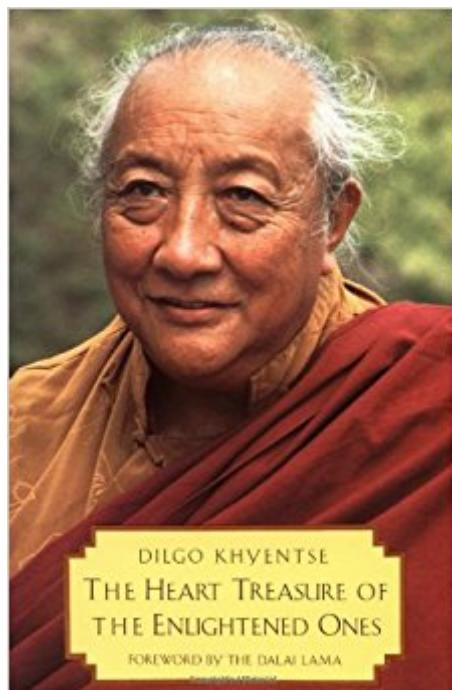


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# **The Heart Treasure Of The Enlightened Ones: The Practice Of View, Meditation, And Action: A Discourse Virtuous In The Beginning, Middle, And End**



## Synopsis

In this book, two great Tibetan Buddhist masters of the nineteenth and twentieth centuries challenge us to critically examine our materialistic preoccupations and think carefully about how we want to spend the rest of our lives. At the same time, they provide practical guidance in following the Buddhist path, starting from the most basic motivation and culminating in the direct experience of reality beyond the reach of conceptual mind. The root text is a teaching in verse written in the nineteenth century by Patrul Rinpoche, one of the outstanding teachers of his day. In the accompanying commentary, Dilgo Khyentse Rinpoche (1910-1991) "lineage holder of the Nyingma school and one of the great expounders of the Dharma in Europe and North America" expands upon the text with his characteristic compassion and uncompromising thoroughness. Patrul Rinpoche's fresh and piercing verses combined with Khyentse Rinpoche's down-to-earth comments offer a concise yet complete examination of the Buddhist path.

## Book Information

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## Customer Reviews

It has been said by those who know, that His Holiness, the Fourteenth Dalai Lama of Tibet knows a thing or two, about a thing or two. In the forward, the Dalai Lama not only lauds this text as containing ALL the Essential instructions to accomplish full enlightenment in one life time, but he goes on to compare it to an elixir for reviving the dead! Having had the very good fortune to receive teachings from every major and many minor Buddhist schools, this simple devotee to the Buddha of Compassion can concur whole heartedly with His Holiness. This book is so important, that I have

taken it as my Primary Text and as such, read it from cover to cover, Every Single Month. Dilgo Khyentse Rinpoche, wrote this book from the "Rime" or NON-sectarian approach. It has something to offer everyone from wide-eyed beginner to 9th level Bodhisattva! Too many Americans have gotten distracted from Buddha's path to enlightenment by such things as: Culture, Language, Tradition and Politics. THIS text was designed to protect the reader from such foolishness and keep them alertly aware of what is most important in their quest to accomplish the path in THIS life! Many Theravadans and Gelugpas describe the path of the Sutras in terms of Renunciation, Compassion and Insight: Dilgo Khyentse covers these from the perspective of both a Scholar and a Yogi!

For the second time this week, I spent time in two bookstores combing through the self-help sections and spiritual sections. I wished to buy a book to serve as direction, but could not, none appealed. Coming to the end of my browsing the second store, I came across this book. I read a couple of verses here and there, a line or two about the mind. It took me aback a bit, this was a different book. I kept the book back and continued to finish what remained in the section. I realized I unconsciously bowed my head and touched the book with my forehead as I replaced it, something I rarely catch myself doing. And I had not even read through this one. I eagerly returned to the book after a few minutes. It was not costly, I decided to buy it without further dallying. Reaching home, the first thing I did was to see the reviews. Hmm, 5 stars. But Buddhist books can be esoteric to the lay readers, or just skim the surface in a lighthearted style. Will it slake my heart's and mind's thirst? Does it dive into the esoteric or offer me a helping hand? At the time of writing this review, I am barely six pages into the introduction. And I can already say that this is one extraordinary book, striking in its directness and immediacy. The first seven 'notes' I have encountered so far speak with brief, but extraordinary clarity about what the Buddhist and Sanskrit terms used mean. The introduction is merely about whether the reader has the right motivation to read the book. Otherwise, the book says, studying this text will just be a waste of time! This is a no-nonsense work. It does not seem to be going into complex ideas and explanations so far, but is strikingly urgent.

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